

Southshore Community Directory

Revised January 2021

Initiated by the Regina Beach Age Friendly Community and sponsored by the Town of Regina Beach and the Village of Buena Vista.

Age Friendly Communities is a global movement with a goal of making communities safer, smarter, healthier, happier, more inclusive places for all people of all ages to live and thrive.

For more information on our Age Friendly Community go to www.reginabeach.ca

By Category

Arts and Culture

Aqua Quilters..... 306-729-2775
The Arts Centre 306-729-2335
Donna's Gallery 306-570-2096
Last Mountain Lake Cultural Centre 306-729-4484
Last Mountain Lake Heritage Museum. 306-729-2671
RB Arts and Craft Assoc. 306-729-2671
Studio Eighty Two Visual & Product Designer 306-519-1342

Auto Repair

Regina Beach Service and Repair 306-729-2787

Building/Construction/Landscaping

AMK Construction 306-729-2794
Bartlett Construction Ltd. 306-729-2765
The Branch Managers..... 306-201-5730
Brendan's Roof Repair 306-539-8559
Chabot Garage and Door Repair..... 306-527-7805
Countryside Firewood and Lumber 306-731-2925
Day's Landscaping 306-581-7456
Doug Cant Handyman 306-729-2066
Garden Addiction Landscaping..... 306-535-4570
Home Hardware Building Centre..... 306-729-2277
Hunters Construction and Exteriors 306-535-0520
JRA Construction 306-539-0221
Lakeside Tree Service..... 306-591-5941
Last Mountain Timber 306-501-0637
Provista Developments..... 306-737-0581 ext. 3
Snows Yard Crew 306-729-2057
Southshore Bobcat..... 306-729-2433
Sweet Pea Greenhouse 306-729-2617

Car Wash Service

Regina Beach Esso 306-729-2333

Catering

Papa Georgies Grocery and Gas Bar..... 306-729-4445
Regina Beach Golf Course and Country Club..... 306-729-4653
Sara's On Centre Bakery / Coffee House / Bistro 306-729-2339
Simple Spoons Nutrition Studio 639-571-8539
The Waterfront Bar and Grill 306-729-2020

Cemetery

Town of Regina Beach 306-729-2002

Child Care

Lori Pollock 306-729-4842

Churches

Regina Beach United Church 306-729-2083
St. Jerome's Catholic Church 306-731-2454

Dining

Bluebird Café..... 306-729-2385
Esso Gas Station/Convenience Store..... 306-729-2333
Regina Beach Family Restaurant..... 639-663-0202
Regina Beach Golf and Country Club..... 306-729-4653
Regina Beach Yacht Club 306-729-2756
(Membership Only)
Sundae Times 306-550-5633
The Waterfront Bar and Grill 306-729-2020

Dog Grooming

Doggie Day's Grooming: Shannon Day . 306-531-9959

Electrical Contractors

Amped Electric 306-552-5000
Gilco Electrical Services 306-539-9631
Southshore Electric 306-737-5293

Facility Rentals

The Arts Centre 306-729-2335
Memorial Hall..... 306-729-2877
Regina Beach Yacht Club 306-729-2461

Regina Beach Golf and Country Club.... 306-729-4653
Last Mountain Lake Cultural Centre 306-729-4484
South Shore Rec. Centre..... 306-729-2202

Fitness

Local 54 Fitness 306-527-7805
Spices Fitness: Bernadette Nikkar 306-737-2075
Regina Beach Dance Fitness..... 306-526-9477
Yoga/Aqua Aerobics/Wellness
Adrianna..... 306-530-9130

Groceries

Esso Service Station..... 306-729-2333
Papa Georgies Grocery and Gas Bar..... 306-729-4445
Sara's On Centre Bakery / Coffee House / Bistro 306-729-2339

Grooming and Esthetics

Brenda's Family Hair Care..... 306-729-4959
Eden Esthetics 306-537-3699
EDJ Salon 306-270-3256
Heat Waves Hair and Tanning Salon 306-729-4557
Hilltop Hairshop..... 306-729-2340
Pura Vida Hair Co.
Krista Durand: Hair 306-729-3737
Jill Sovdi: Esthetics..... 306-729-3737
Paula Grimsrud 306-729-3737

Health and Wellness

Alcoholics Anonymous 306-535-0386
..... 306-729-4000
Come To Your Home Care..... 306-541-9346
Cue 2 Call Foot care by Jacquie 306-537-4492
HealthLine 1-877-800-0002
Lab Services Wed. 8-12 Walk In
Nurse Practitioner 1-855-766-6399
Public Health Nurse by apt..... 306-766-7500
Regina Beach Pharmacy..... 639-663-0121
Wellness Warriors 306-501-3820

House Sitting

Tammy Sullivan..... 306-535-8541

Insurance

Hordo's Insurance Brokers Inc. 306-729-3522
Navigate Financial 306-737-0581

Laundry Services

Regina Beach Esso 306-729-2333

Massage Therapy

Holly Moggey Massage Therapy..... 306-533-8676
Lisa Gawley Long Lake
Massage Therapy 306-537-6477
Raina Morrison Massage Therapy 306-630-9479

Moving Services

U-Haul 306-729-2333

Music

Community Music Studios..... 306-731-7813

Pest Control

Critter Gitter Wildlife & Pest Control.... 306-729-4223

Pet Sitting / Pet Walking

Paws and Claws Pet Service..... 306-531-5535

Photography

Loralie Hoffort Photography 306-529-1249
Wild Wishes Photography
by Krista Hannan 306-737-9282
SLD Photography 306-209-8420

Postal Service

Canada Post..... 306-729-4999

Realtors

C&C Realty Ltd. 306-729-2234
Forster Realty Inc..... 306-729-2241

Recreation

Aquatic Adventures 306-537-5867
Elemental Rentals '20 Inc. 306-591-0288
ET Recreational Service 306-729-4227
Leisure Time Club 50+ 306-729-2877
Provista Vacation Suites..... 306-737-0581
R Bar B Riding Stables..... 306-729-2218
Regina Beach Golf Course
and Country Club..... 306-729-4653
Regina Beach Vacation and Outfitters .. 306-729-2964
Regina Beach Yacht Club Marina 306-729-2461
Saskatchewan Snowmobile Club 306-729-3500
South Shore Shotokan Karate..... 306-519-1324
Southeast Regional Library 306-729-2062
South Shore Parks and Recreation 306-729-2202

Rental Properties

Last Mountain Lake Getaway 306-526-4485
Long Lake Lodge 306-737-0581
Provista Properties 306-737-0581

Retail

Funktional Pottery and Studio 306-725-1325
Home Hardware Building Centre..... 306-729-2277
Knitting Creations Brenda Knourek 306-541-9346
Regina Beach Farmers Market..... 306-520-8218
Rudy's Clothing and Home Décor..... 306-729-3335

RV/Boat Storage

RBVC 306-729-2461
Regina Beach RV Storage..... 306-529-2812

Schools

Castles and Dreams Preschool 306-530-9887
South Shore School 306-729-2464

Senior Housing

Long Lake Lodge 306-729-2340

Septic Haulers

Hyvac 306-729-4140
Long Lake Septic 306-729-4777
Peter's Sewer Service 306-536-4334
Regina Beach Septic 306-539-2180
South Shore Septic 306-539-6550

Service Organizations/Clubs

Regina Beach Age Friendly Community.. 306-737-2720
Regina Beach and District Lions..... 306-729-4428
Regina Beach and District Lioness 306-729-4468

Service Stations

Esso Service Station, Store
and Laundry 306-729-2333
Papa Georgies Gas and Grocery 306-729-4445

Tourism

Butlers Trailer Park 306-535-5617
The Happy Camper (RV Campground).. 306-729-2617
Last Mountain Lake Getaway
Cabin Rentals..... 306-526-4485
Provista Properties and
Vacation Suites 306-737-0581 ext. 2
Regina Beach Vacation and Outfitters .. 306-729-2964
Regina Beach Campground 306-729-2629

Towing

TRK Towing 306-531-8881

Emergency Services Call 911 or Lumsden RCMP at 306-731-4270

To join or make changes to the next edition of the directory call Sandi at 306-737-2720

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